

Sunday
October 25
Edited by Mary Allred



Sister to Sister

Roscoe Ladies' Newsletter
Volume 4
2009

On A Lighter Note

Gentle Thoughts for Today -

The real art of conversation is not only to say the right thing at the right time, but also to leave unsaid the wrong thing at the tempting moment.

The older you get, the tougher it is to lose weight, because by then your body and your fat have gotten to be really good friends.

The fastest way to find something lost around the house is to buy a replacement.

He who hesitates is probably right.

Did you ever notice: The Roman Numerals for forty (40) are XL.'

If you can smile when things go wrong, you have someone in mind to blame.

The sole purpose of a child's middle name is so he can tell when he's really in trouble.

There's always a lot to be thankful for if you take time to look for it. For example I am sitting here thinking how nice it is that wrinkles don't hurt.

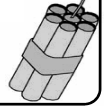
Ageing: Eventually you will reach a point when you stop lying about your age and start bragging about it.

The older we get, the fewer things seem worth waiting in line for.
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A Publication of, by and for the ladies of the Roscoe Church of Christ.

Ladies T-N-T

Mary Allred



We truly enjoyed a "Harvest of Blessings" during our Ladies Night. Our ladies outdid themselves with some mouthwatering salads. Thanks to everyone who brought food, decorated, made giveaways, sent out invitations, made programs, led singing and prayers, and did all the background work to make the evening a success. And a big thank you to Verla Johnson who coordinated the whole shebang.

Our speaker was Pat Bratcher, Verla's mother-in-law, who spoke on our many blessings. She took her subject from Ephesians 1:3-10 and 1st Peter 1:3-5. We were told that there are 5 points to be taken from these scriptures. 1. We have been chosen. We are the objects of God's love. 2. We have a family we can rely on. She was speaking of our spiritual family. We can share burdens with our family. 3. We have God's salvation. He gave his son's blood for our redemption. 4. We are given hope as an inheritance that can never fade away and 5. We are under God's protection. Thanks to Pat for a wonderful lesson.

Our next T-N-T will be the first Tuesday in November. If you would like to be a hostess, please sign up on the sheet in the foyer on the Ladies Bulletin Board.

If anyone would be interested in taking over the newsletter, please let me know. I will be willing to teach anyone what is going on and contribute my stockpile of files to the cause. This is a labor of love and I love you all but it is time to pass the baton.
Mary

Hostesses for
Future T-N-T
gatherings...



We need hostesses for future meetings. A sign-up sheet for hostesses is in the foyer. If anyone is interested in taking over, or contributing to, the monthly T-N-T NL, PLEASE contact me at work 766-3355 or home 766-2748.

HELP ME!!!!

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Sister to Sister

Helpful Hints and Miscellaneous



If You Smell Gas

If you think you have a leak, gather your family and pets together and get out of your home right away. Call the gas company from your neighbor's house. Never go back inside for any reason — until the gas company says it's okay to do so.

Pray For One Another



Shut-ins: Irene Hudgins, Floy Stanley & Ruth Light , Verna Akers, Pauline Heine (Sweetwater Nursing Home) Joyce Brasuell Guelker (Nolan Nursing and Rehab)

Undergoing / Awaiting test results, Receiving treatment and/or Continued care:

Family concerns:

Gina Ford, school teacher at RISD in the hospital with blood clots. **Lyndi Stuart** is sick and doctors are running tests. **Linda Clay**, back surgery; **Verna Akers**, pacemaker; **Joyce Brasuell Guelker** ; **Katrina Drury**, Lisa Wilcox' cousin, lung cancer; **Christy Little**, tests ; **Dot Moore**, health problems; **Ann Hudgins** great granddaughter, MaKenna Hudgins. **Frances Hughes** great granddaughter, Riley Paige Dewbre; **Peggy Fenton**, taking chemo; **Paula Teel**, return of cancer; Keep **Marie Garrett** in our thoughts and prayers as she no longer lives in Roscoe, **Our missionaries, Barbara Buchanan, Elsie Nkosi** ; Our college students.

Recipe Exchange

Coca-Cola Cake Recipe

Ingredients for the Cake:

1 cup sugar
1 cup flour
1/2 teaspoon baking powder
1/2 cup unsalted butter
2 tablespoons baking cocoa
1/2 cup Coca-Cola
1/4 cup buttermilk
1 egg, beaten
1 teaspoon vanilla extract

Ingredients for the Frosting:

1/4 cup unsalted butter
1-1/2 tablespoons baking cocoa
3/4 cup Coca-Cola
2 to 2-1/4 cups confectioners' sugar
1 teaspoon vanilla extract
1/2 cup broken pecans

To Prepare the Cake:

Mix the sugar, flour and baking powder in a bowl. Bring the butter, baking cocoa and Coca-Cola to a boil in a medium saucepan, stirring to blend well. Pour over the dry ingredients gradually, mixing well. Combine the buttermilk, egg and vanilla in a bowl; mix well. Add to the batter; mix well. Spoon into a greased and floured 8x8-inch cake pan.

Bake at 350 degrees for 25 to 30 minutes or until a cake tester comes out clean.

To Prepare the Frosting and Assemble:

Bring the butter, baking cocoa and Coca-Cola to a boil in a medium saucepan, stirring to blend well; remove from heat. Stir in the confectioners' sugar and vanilla.

* Pour the hot frosting over the warm cake; top with the pecans. Let stand until cool.

Golden Oldie



Secret Sisters

The waiting is almost over. Who will it be? Have you guessed yet? Why not? Has your sister been sneaky and not given you a clue or has she been careless and let it slip? It has been a fun year in the Secret Sister program. We hope to have many more participants for the next year. We all need encouragement and positive reinforcement from our friends and families. Hopefully everyone has done her part to make this an enriching and uplifting year for all our sisters, even if it has only been a hug and encouraging word. We need all of those we can get.



Sister to Sister

Ladies Night Scriptures

Eph 1:

- 3 Blessed *be* the God and Father of our Lord Jesus Christ, who hath blessed us with all spiritual blessings in heavenly *places* in Christ:
- 4 According as he hath chosen us in him before the foundation of the world, that we should be holy and without blame before him in love:
- 5 Having predestinated us unto the adoption of children by Jesus Christ to himself, according to the good pleasure of his will,
- 6 To the praise of the glory of his grace, wherein he hath made us accepted in the beloved.
- 7 In whom we have redemption through his blood, the forgiveness of sins, according to the riches of his grace;
- 8 Wherein he hath abounded toward us in all wisdom and prudence;
- 9 Having made known unto us the mystery of his will, according to his good pleasure which he hath purposed in himself:
- 10 That in the dispensation of the fulness of times he might gather together in one all things in Christ, both which are in heaven, and which are on earth; *even* in him:

1Pe 1:

- 3 Blessed *be* the God and Father of our Lord Jesus Christ, which according to his abundant mercy hath begotten us again unto a lively hope by the resurrection of Jesus Christ from the dead,
- 4 To an inheritance incorruptible, and undefiled, and that fadeth not away, reserved in heaven for you,
- 5 Who are kept by the power of God through faith unto salvation ready to be revealed in the last time.

I Believe...

That you should always leave loved ones with Loving words. It may be the last time you see them.

Birthdays

October

- ~26 Julia Summerlin
- ~28 Helen Martin
- ~30 Beth Richburg

November

- ~04 Meagan Montalvo
- ~04 Verla Johnson
- ~06 Carola Martin
- ~07 Cathy Upton
- ~08 Neva Cleckler
- ~09 Kylee smith
- ~12 Regina McVey



A POSITIVE THOUGHT

If God had a refrigerator, your picture would be on it.
 If He had a wallet, your photo would be in it.
 He sends you flowers every spring, and a sunrise every morning.
 Whenever you want to talk, He'll listen.
 He could live anywhere in the universe, and He chose your heart.
 What about the Christmas gift He sent you in Bethlehem ;
 Not to mention that Friday at Calvary .
 Face it, He's crazy about you.

More Gentle Thoughts for Today

Some people try to turn back their odometers. Not me, I want people to know 'why' I look this way. I've traveled a long way and some of the roads weren't paved.

When you are dissatisfied and would like to go back to your youth, think of Algebra.

One of the many things no one tells you about aging is that it is such a nice change from being young. Ah, being young is beautiful, but being old is comfortable.

Long ago when men cursed and beat the ground with sticks, it was called witchcraft. Today, it's called golf.

Lord, Keep your arm around my shoulder and your hand over my mouth AMEN!



Sister to Sister

The 7 Ups!

1. Wake Up !!

Decide to have a good day.
'This is the day the Lord hath made;
Let us rejoice and be glad in it.'
Psalms 118:24

2. Dress Up !

The best way to dress up is to put on a smile.
A smile is an inexpensive way to improve your looks.
'The Lord does not look at the things man looks at.
Man looks at outward appearance,
But the Lord looks at the heart.'
I Samuel 16:7

3. Shut Up!!

Say nice things and learn to listen.
God gave us two ears and one mouth,
So He must have meant for us to do twice as much listening as talking.
'He who guards his lips guards his soul.'
Proverbs 13:3

4. Stand Up!!

. . . For what you believe in.
Stand for something or you will fall for anything.
'Let us not be weary in doing good; for at the proper time,
We will reap a harvest if we do not give up.
Therefore, as we have opportunity, let us do good...'
Galatians 6:9-10

5. Look Up !!

. . . To the Lord.
'I can do everything through Christ who strengthens me'.
Philippians 4:13

6. Reach Up !!

. . . For something higher.
'Trust in the Lord with all your heart,
And lean not unto your own understanding.
In all your ways, acknowledge Him, and He will direct your path.'
Proverbs 3:5-6

7. Lift Up !!

. . . Your Prayers.
'Do not worry about anything; instead
PRAY ABOUT EVERYTHING.'
Philippians 4:6



Sister to Sister

Be a Friend, Have a Friend

Friend—Definition: A person whom one knows well and is for of: an ally, supporter, or sympathizer.

As Christians, our friendships are usually deep and long lasting. We know that friends are a treasure, and in order to have a friend one needs to be a friend.

Proverbs 17:17 "A friend loves at all times." This means good times, bad times, any time.

Barbara Bush said, "At the end of your life you will never regret not having passed one more test, not winning one more verdict, or not closing one more deal. You will regret time not spent with a husband, a friend, a child, or a parent." Spending time with friends is so rewarding. Friends share so much that is positive, especially God's word.

Twila Paris wrote, "You are a true friend

Pointing me to Him
Lifting my downcast eyes
Turning my wandering gaze to the sky
Proving your love again
You are a true friend."

The ultimate friend, God! James 2:23 "The scripture was fulfilled which says. And Abraham believed God, and it was reckoned to him as righteousness, and he was called the friend of God."

John 15:15 "I no longer call you servants, because a servant does not know his master's business. Instead, I have called you friends, for everything that I learned from My Father I have made known to you."

John 15:13-14 "Greater love has not one than this, that one lay down his life for his friends. You are My friends if you so what I command you."

Let us be a friend to God and each other.

Ann Hudgins

Anniversaries

October

~12 Arlon & Janelle Orman

November

~02 Shane & Jewel Parker

~06 Johnny & Marna Allen

~11 Manley & Ann Hudgins



Thoughts

I Believe...

*That you can do something in an instant
That will give you heartache for life.*

I Believe....

*That it's taking me a long time
To become the person I want to be.*

I Believe...

That either you control your attitude or it controls you.

I Believe....

*That it isn't always enough,
to be forgiven by others.
Sometimes, you have to learn to forgive yourself.*

*The happiest of people don't necessarily
have the best of everything;
They just make the most of everything.*

Sister to Sister

Written By Regina Brett, 90 years old, of The Plain Dealer, Cleveland, Ohio

"To celebrate growing older, I once wrote the 45 lessons life taught me. It is the most-requested column I've ever written. My odometer rolled over to 90 in August, so here is the column once more:"

1. Life isn't fair, but it's still good.
2. When in doubt, just take the next small step.
3. Life is too short to waste time hating anyone.
4. Your job won't take care of you when you are sick. Your friends and parents will. Stay in touch.
5. Pay off your credit cards every month.
6. You don't have to win every argument. Agree to disagree.
7. Cry with someone. It's more healing than crying alone.
8. It's OK to get angry with God. He can take it.
9. Save for retirement starting with your first paycheck.
10. When it comes to chocolate, resistance is futile.
11. Make peace with your past so it won't mess up the present.
12. It's OK to let your children see you cry.
13. Don't compare your life to others. You have no idea what their journey is all about.
14. If a relationship has to be a secret, you shouldn't be in it.
15. Everything can change in the blink of an eye. But don't worry; God never blinks.
16. Take a deep breath. It calms the mind.
17. Get rid of anything that isn't useful, beautiful or joyful.
18. Whatever doesn't kill you really does make you stronger.
19. It's never too late to have a happy childhood. But the second one is up to you and no one else.
20. When it comes to going after what you love in life, don't take no for an answer.
21. Burn the candles, use the nice sheets, wear the fancy lingerie. Don't save it for a special occasion. Today is special.
22. Over prepare, then go with the flow.
23. Be eccentric now. Don't wait for old age to wear purple.
24. No one is in charge of your happiness but you.
25. Frame every so-called disaster with these words "In five years, will this matter?".
26. Always choose life.
27. Forgive everyone everything.
28. What other people think of you is none of your business.
29. Time heals almost everything. Give time, time.
30. However good or bad a situation is, it will change.
31. Don't take yourself so seriously. No one else does.
32. Believe in miracles.
33. God loves you because of who God is, not because of anything you did or didn't do.
34. Don't audit life. Show up and make the most of it now.
35. Growing old beats the alternative -- dying young.
36. Your children get only one childhood.
37. All that truly matters in the end is that you loved.
38. Get outside every day. Miracles are waiting everywhere.
39. If we all threw our problems in a pile and saw everyone else's, we'd Grab ours back.
40. Envy is a waste of time. You already have all you need.
41. The best is yet to come.
42. No matter how you feel, get up, dress up and show up.
43. Yield.
44. Life isn't tied with a bow, but it's still a gift.

